

## Resources for Teaching About Sikhism

### Sikh Religious Practice

#### **BELIEF & PRACTICE: Sikh Saint-Soldier**

<http://www.pbs.org/wnet/religionandethics/week840/belief.html>

Now, Belief and Practice. Today, a special ceremony for Sikhs, followers of the Guru Nanak, who founded Sikhism in India and preached the equality of all people and religions. The ceremony commemorates the creation of a Sikh brotherhood called the Khalsa at the Guru Nanak Foundation of America, in Silver Spring, Maryland, our guide was Manjit Singh.

#### **Birthday of Guru Narak**

<http://www.bbc.co.uk/schools/religion/sikhism/gurunanak.shtml>

Sikhs celebrate Guru Nanak's Birthday and the other Gurburbs with an *Akhand Path*, a reading of the Sikh holy scriptures, the [Guru Granth Sahib](#), continuously from beginning to end. This is done by a team of Sikh men and women, each reading for 2-3 hours over 48 hours, beginning two days before and ending early on the morning of the birthday.

#### **All About Sikhs**

<http://www.allaboutsikhs.com/home>

This rich site is a mixture of resources from a religious and secular Sikh perspective.

#### **Sikhism: Religion of the Sikh People**

<http://www.sikhs.org/>

This site features information about the history and beliefs of Sikhs in an easy-to-navigate graphic format. The word 'Sikh' in the Punjabi language means 'disciple', Sikhs are the disciples of God who follow the writings and teachings of the Ten Sikh Gurus. This site is recommended by several university religious studies websites.

#### **Sikhism**

[http://pof.reonline.org.uk/sikhism\\_1.php](http://pof.reonline.org.uk/sikhism_1.php)

This People of Faith site presents an overview of Sikhism by Dr Kanwaljit Kaur – Singh. He describes Sikhism as having been started by Guru Nanak in India in the state of Punjab in 1469 CE. Nine living Gurus followed him who taught and practiced the Sikh teachings in their daily lives.

#### **Sikhism: Its beliefs, practices, symbol, & names**

<http://www.religioustolerance.org/sikhism2.htm>

This is an overview of basic information about Sikhism by Religious Tolerance.org

#### **What Sikhs Believe**

<http://www.beliefnet.com/Faiths/2001/06/What-Sikhs-Believe.aspx>

This is an overview of Sikh beliefs and practices by Belief Net.

## Print Resources

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Barrow, Joy. **Sikhism (World Religions)**. Walrus, 2004.

Bingham, Jane. **Sikh Gurdwaras (Let's Find Out about)**. Heinemann-Raintree, 2005.

Ganeri, Anita. **The Guru Granth Sahib and Sikhism**. Smart Apple Media, 2004.

Ganeri, Anita. **Sikh Stories**. Picture Windows Books, 2006.

Hawker, Frances and Mohini Kaur Bhatia. **Sikhism in India (Families and Their Faith)**. Crabtree Publishing Company, 2009/

Kapoor, Sukhbir Singh. **Sikh Festivals (Holidays and Festivals Series)**. Rourke Enterprises, 1989.

Mann, Gurinder Singh. **Sikhism (Religions of the World)**. Prentice Hall, 2004.

Mann, Gurinder Singh. **Buddhists, Hindus, and Sikhs in America (Religion in American Life)**. Oxford, 2007.

Penny, Sue. **Sikhism (World Beliefs and Cultures)**. Heinemann-Raintree; Rev edition, 2007.

Rose, David. **Folens Photopack Sikhism**. Folens Publishers, 1995.

Senker, Cath. **My Sikh Year**. Wayland, 2003.

Singh, Daljit and Angela Smith. **The Sikh World (Religions of the World)**. Hodder Children's Division, 2001.

Singh, Nikky-Guninder Kaur. **Sikhism (World Religions)**. Facts on File 2004.

Singh, Rina. **Guru Nanak: The First Sikh Guru**. Groundwood Books, 2011.

Wallace, Holly and David Dalton. **This Is My Faith**. Barron's Educational Series, 2006.